

PRESS RELEASE

July 22nd, 2019
Toronto, Canada



After four days of thrilling competition, the NCCWMA 2019 (North, Central America and Caribbean Region of World Masters Athletics Championships) came to an end on Sunday, July 21st in Toronto, Canada. Across 18 athletics events in 4 venues, new heroes were born and older stars burned brightly. History was made and a marker was set as Toronto welcomed 1100 athletes from 33 countries in its own inimitable style.

From the grassy roads of the Tommy Thompson Park to the tracks of Toronto Track & Field Centre and Varsity Stadium, medals were won, records set and friendships made. The city and its thousands of visitors witnessed a festival of athletics, as some of the region's outstanding athletes rubbed shoulders with each other. We witnessed a great example of sport enthusiasm and dedication as legendary Irene R Obera, 85, returned to the championships after 44 years from competing in the first WMA Championship held in Toronto in 1975.

We are also proud to witness five world records broken at NCCWMA 2019:

- Earl Fee (CAN) at M90 400 m;
- Sabra Harvey (USA) at W70 800 m;
- Gunnar Linde (USA) at M90 200m Steeplechase;
- Myrle Mensey (USA) at W70 Throws Pentathlon;
- Neringa Jakstiene (USA) at W55 Pentathlon.

While we say goodbye to the NCCWMA 2019 championships, on behalf of the Local Organizing Committee- Toronto Athletics Management (TAEM) we thank all of our athletes, volunteers, officials and the guests who were with us during the championships and we set our clocks for July 20th, 2020 when Toronto will be welcoming the world back on the 45th anniversary of the first World Masters Athletics Championships.

To stay informed on the upcoming news, check out our website www.wmatoronto2020.com and follow Instagram account [wmatoronto2020](https://www.instagram.com/wmatoronto2020). For all media inquiries, please contact aykhan@wmatoronto2020.com.

Hope to see you all next year in WMA Toronto 2020!

