

# Soft Tissue Therapy Service for NCC2019 Athletes

Toronto NCC2019 is pleased to offer Soft Tissue Therapy for all athletes free-of-charge. We will treat anything related to muscles and joints including taping if needed.



## Locations

### Toronto Track & Field Centre

Thurs. July 18 – Sun. July 21

Therapy area is located near the Medical Tent outdoors, close to the Finish Line area

### Varsity Stadium

Sat. July 20 – Sun. July 21)

Proceed to the breezeway underneath the outdoor spectator stands and look for the therapy area located near the Medical Tent

## Hours

Between the hours of 10am – 5pm

## Arrival

Therapy is for 15-minutes to all comers, on a first-come, first-serve basis  
No sign-up in advance