

2019 NCCWMA CHAMPIONSHIPS - 2019-07-18 to 2019-07-21**Toronto, CANADA****Results - Domingo(Sunday) Cross Country (Campo Traviesta)****W70 6000 Meter Run**

| Name | Age Team | Finals | Points |
|----------------------------|------------|----------|--------|
| Results - Women 70 | | | |
| 1 Galeana Morales, Maria D | W70 MEXICO | 33:15.00 | |

W80 6000 Meter Run

| Name | Age Team | Finals | Points |
|--------------------|------------------|----------|--------|
| Results - Women 80 | | | |
| 1 Graf, Tami | W83 UNITED STATE | 52:35.00 | |
| 2 Harada, Mary | W84 UNITED STATE | 55:15.00 | |

M70 6000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|------------------|----------|--------|
| Results - Men 70 | | | |
| 1 McCluskey, Terry | M70 UNITED STATE | 26:03.00 | |
| 2 Rappole, Doc | M70 UNITED STATE | 28:12.00 | |
| 3 Sanchez, Neftali | M71 PUERTO RICO | 28:29.00 | |
| 4 Gonzalez Navarro, Jose O | M73 MEXICO | 30:04.00 | |
| 5 Vázquez Vargas, Florenci | M74 PUERTO RICO | 33:38.00 | |
| 6 Milan, Robert | M70 UNITED STATE | 37:34.00 | |

M80 6000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------|------------|----------|--------|
| Results - Men 80 | | | |
| 1 Diaz Mendez, Fidel | M81 MEXICO | 28:14.00 | |
| 2 Taivassalo, Keijo | M80 CANADA | 33:11.00 | |

W35 8000 Meter Run

| Name | Age Team | Finals | Points |
|--------------------|------------------|----------|--------|
| Results - Women 35 | | | |
| 1 Mirza, Aysha | W38 UNITED STATE | 41:05.00 | |

W40 8000 Meter Run

| Name | Age Team | Finals | Points |
|--------------------|------------------|----------|--------|
| Results - Women 40 | | | |
| 8 Dunn, Caroline | W43 UNITED STATE | 50:34.00 | |

W45 8000 Meter Run

| Name | Age Team | Finals | Points |
|-------------------------|------------------|----------|--------|
| Results - Women 45 | | | |
| 1 Rupp, Jo | W46 UNITED STATE | 32:35.00 | |
| 2 Josiah-Tanner, Euleen | W45 UNITED STATE | 35:13.00 | |
| 3 Key, Latashia | W46 UNITED STATE | 41:42.00 | |

2019 NCCWMA CHAMPIONSHIPS - 2019-07-18 to 2019-07-21**Toronto, CANADA****Results - Domingo(Sunday) Cross Country (Campo Traviesta)****W50 8000 Meter Run**

| Name | Age Team | Finals | Points |
|-----------------------|------------------|----------|--------|
| Results - Women 50 | | | |
| 1 Mota, Elaine | W53 CANADA | 35:16.00 | |
| 2 Klein, Tina | W54 UNITED STATE | 37:19.00 | |
| 2 Garcia, Virginia | W51 MEXICO | 41:19.00 | |
| 3 Broadbent, Anabelle | W51 PUERTO RICO | 38:36.00 | |
| 4 Graenert, Anke | W52 CANADA | 40:55.00 | |

W55 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|-------------------------|----------|--------|
| Results - Women 55 | | | |
| 1 Swan, Mary | W57 UNITED STATE | 35:43.00 | |
| 2 Tufts, Janet | W59 CANADA | 36:55.00 | |
| 4 Garcia Garces, Amparo Ma | W59 MEXICO | 42:21.00 | |
| 10 Garcia, Suzan | W55 TRINIDAD AND TOBAGO | 51:45.00 | |

W60 8000 Meter Run

| Name | Age Team | Finals | Points |
|-----------------------------|------------|----------|--------|
| Results - Women 60 | | | |
| 5 Martinez Segura, Mercede | W63 MEXICO | 43:26.00 | |
| 9 Enriquez Alvarado, Maria | W64 MEXICO | 51:31.00 | |
| 11 Garcia Morales, Ma De Je | W64 MEXICO | 52:33.00 | |

W65 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|-------------------------|----------|--------|
| Results - Women 65 | | | |
| 6 Gallegos Gonzalez, Marga | W69 MEXICO | 46:19.00 | |
| 7 Joefield, Susannah | W66 TRINIDAD AND TOBAGO | 48:37.00 | |

M35 8000 Meter Run

| Name | Age Team | Finals | Points |
|---------------------------|------------------|----------|--------|
| Results - Men 35 | | | |
| 1 Nieves Chiñas, Fernando | M37 MEXICO | 30:27.00 | |
| 2 Bishop, Justin | M38 UNITED STATE | 31:07.00 | |
| 3 Smith, Kevin | M38 CANADA | 35:58.00 | |

M40 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|------------------|----------|--------|
| Results - Men 40 | | | |
| 1 Alcaraz, Alejandro | M40 MEXICO | 27:32.00 | |
| 2 Knowles, Thomas | M43 UNITED STATE | 28:51.00 | |
| 3 Preciado Alvarado, Angel | M42 MEXICO | 30:17.00 | |
| 4 Ryabkov, Nikolay | M40 CANADA | 32:45.00 | |
| 5 Diaz, Brenton | M43 CANADA | 36:34.00 | |

2019 NCCWMA CHAMPIONSHIPS - 2019-07-18 to 2019-07-21**Toronto, CANADA****Results - Domingo(Sunday) Cross Country (Campo Traviesta)****...M40 8000 Meter Run**

| | | |
|----------------------|------------------|----------|
| 6 Dunn, Winston Paul | M44 UNITED STATE | 43:09.00 |
|----------------------|------------------|----------|

M45 8000 Meter Run

| Name | Age Team | Finals | Points |
|------------------|------------------|----------|--------|
| Results - Men 45 | | | |
| 1 Deason, Carlo | M49 UNITED STATE | 34:41.00 | |

M50 8000 Meter Run

| Name | Age Team | Finals | Points |
|---------------------|------------------|----------|--------|
| Results - Men 50 | | | |
| 1 Boulay, Pierre | M52 CANADA | 29:16.00 | |
| 2 Danielson, Thomas | M51 UNITED STATE | 31:51.00 | |
| 3 Dupuy, Damian | M54 CANADA | 32:17.00 | |
| 4 Rowan, Darryl | M53 CANADA | 32:23.00 | |

M55 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|------------------|----------|--------|
| Results - Men 55 | | | |
| 1 Rayner, Simon | M55 CANADA | 31:29.00 | |
| 2 Cawkwell, Roger | M59 UNITED STATE | 33:20.00 | |
| 3 Kobe, Trevor | M57 CANADA | 34:17.00 | |
| 4 Montenegro, Emigdio Angé | M58 NICARAGUA | 34:20.00 | |
| 4 Berresford, Brian | M55 CANADA | 41:45.00 | |
| 5 Pino, Harry | M59 PUERTO RICO | 36:45.00 | |
| 6 Jackson, David | M57 UNITED STATE | 37:02.00 | |

M60 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------|------------------|----------|--------|
| Results - Men 60 | | | |
| 1 Muse, Charlie | M62 UNITED STATE | 31:23.00 | |
| 2 Hale, John | M61 UNITED STATE | 32:10.00 | |
| 3 Riccardi, Timothy | M61 UNITED STATE | 32:55.00 | |
| 4 Hadcock, John | M61 UNITED STATE | 34:46.00 | |
| 5 Drumright, Elliott | M62 UNITED STATE | 35:04.00 | |
| 5 Beaudoin, Marc | M61 CANADA | 42:03.00 | |
| 6 Freemantle, James | M60 CANADA | 35:54.00 | |
| 7 Burak, Gary | M61 UNITED STATE | 40:31.00 | |

M65 8000 Meter Run

| Name | Age Team | Finals | Points |
|----------------------------|------------|----------|--------|
| Results - Men 65 | | | |
| 1 Clarke, John | M67 CANADA | 33:47.00 | |
| 2 Ordoñez, Crisanto Gabino | M65 MEXICO | 35:53.00 | |
| 3 Guerrero Castañeda, José | M68 MEXICO | 41:25.00 | |